



Sahlen's Tournaments & Super Series Rules

Our purpose at Sahlen's Sports Park is to provide a facility where family oriented, recreational sport activities can be enjoyed in an environment that cultivated values like Sportsmanship, Leadership, Honesty, Responsibility and Integrity. This environment is a product of both the actions and attitudes of our staff, management and all who passes through our doors.

1.) Coaches/ Managers/ Captains Responsibilities:

- a. Submit a completed roster online
- b. Players to complete SSP waiver form prior to first match
- c. Sign code of conduct prior to first match

2.) General Rules:

- a. Players that are not on team's roster will not be able to play
 - i. Add to team roster prior to kick-off
- b. 11v11 at least 7 plus a goalie (9v9 for U12 and under)
- c. Players may not wear jewelry
- d. Players may wear cleats for SSS & Tournaments only
- e. Any player with a "hard cast" will need to have a minimum of 1" padding and permission from the referee prior to kick-off
- f. Per Super Series - Away team starts with ball in first half and home team has ball in second half
- g. Per Tournaments – Away team starts with ball (there are no halves in tournament play)
- h. Spitting is **NOT** allowed – 1st will be verbal warning, 2nd will be ejection
- i. Slide tackling is permitted

3.) Cancellations & Rescheduling Requests:

- a. Sahlen's Sport Park will be OPEN no matter the weather outside. The weather has to be VERY severe for SSP to close. If SSP does close we will post on our website and Facebook and tweet (@SahlenSSP). Coaches & Managers will be contacted if there are any cancellations due to weather. Please do not call inquiring about weather, SSP will be open unless your coach or manager contacts you or it posted via website or social media
- b. If your team is going to be delayed because of weather, boarder traffic, etc please call and let us know asap
- c. SSP activities are very busy, therefore rescheduling of games will only be considered in extreme circumstances. Unavailability of players will not be an acceptable reason to try an reschedule
- d. For any changes of the schedule the coach or manager will be contacted
- e. Coaches are responsible for communicating changes to parents/players.

4.) Equipment:

- a. All players must wear shin guards
- b. Teams must have same jersey color with number, pinnies will be provided if there is a color conflict
- c. In result of both teams wearing same color jersey the home team will need to change

5.) Substitutions:

- a. Each team can sub as much as desired, however substitution periods are at the discretion of the referee during any stoppage of play. NO substitution on the fly or without ref approval.
- b. NO substitutions will be made the last two minutes of play
- c. Substitutions **must** be made **at mid-field** with the referee granting permission

6.) Playing Time:

- a. The length of all matches will consist of two 25 minute halves for Super Series & 40 minute matches for tournaments; running clock. PLEASE BE READY TO START ON TIME
- b. There will be very little time to warm up on the field. Teams may warm up behind the goal on field #1 or field #45 if there is space available to warm up SSP staff will let coaches know
- c. Coaches and Managers are responsible to watch the clock and have their team on the field ready to play. **Referees will start matches whether or not your team is on the field or ready to play. We can start AHEAD of schedule.**
- d. Time will be stopped at referee's discretion for situations that are beyond the control of referee or teams
- e. Referee will declare a forfeit if after 8 minutes of scheduled time a team doesn't show up

7.) Cautions/ Yellow and Red Cards:

- a. **Yellow:** player must leave field and be replaced by another player. Player does not sit out. Player can be subbed back in.
- b. **Red:** Player must leave the field and may not remain on team's bench. Player may not play in team's next scheduled match. Depending on referee's discretion, he/she may be asked to leave facility. If a coach is ejected from the game, he/she may not be present at the next scheduled match
- c. After 5 yellow cards a player must sit out (1) one game

8.) Overtime:

- a. There will be no overtime during regular league play
- b. There will be a 3:30 minute golden goal in playoff matches
- c. There will be a 5:00 minute golden goal in championship match
- d. If teams are still in a tie; Penalty Kicks will determine the winner. Each team will have five players kick from the penalty spot

9.) Free Kicks:

- a. If a ball hits the ceiling within the field of play, the opposing team will restart with an indirect kick from the point where the ball hits the ceiling. **NOTE:** If a ball hits the ceiling over the penalty area; the attacking team will receive the ball as a throw in perpendicular from where the ball hit the ceiling. The defending team will have an indirect kick going out
- b. If the balls hits the net's cable, the restart will be an indirect kick for the opposing team

10.) Goalkeepers:

- a. Jerseys should be different from that of the of the referees, teammates and opposing team
- b. Goalies have a maximum of six (6) seconds to play the ball from their hands. The penalty for this infraction is an indirect free kick from the spot where the goalie was holding the ball
- c. Goalies may punt the ball

11.) Standings:

- a. Point system
 - i. 3 points for a win
 - ii. 1 point for a tie
 - iii. 0 points for a loss
- b. Tie-breaker
 - i. Head-to-Head record
 - ii. Goal differential for season (Max of +/- 3 goals per match)
 - iii. Least goals conceded
 - iv. Most goals scored

12.) Unsportsmanlike Conduct:

- a. SSP has **ZERO** tolerance policy towards fighting
- b. Any unsportsmanlike and / inappropriate language or conduct directed at referees, coaches, players, fans, staff of SSP is NOT acceptable.
- c. Referees have the right to eject players, terminate games and use any measures they deem necessary to maintain a safe environment. Any games that are terminated to an incident such as this will not be rescheduled

- d. SSP has the right to suspend any individual from the facility for any period of time deemed necessary. Any incident resulting in these actions are the sole discretion of the SSP management
- e. Any violations are subject to removal of a participant or team for an entire season

Sahlen's Sports Park reserves the right to add, modify or change any the rules at any time.