# Tournament & Showcase Rules

Our purpose at Sahlen Sports Park is to provide a facility where family oriented, recreational sport activities can be enjoyed in an environment that cultivates values such as Sportsmanship, Leadership, Honesty, Responsibility and Integrity. This environment is a product of both the actions and attitudes of our staff, management and all who pass through our doors.

1. **Coaches / Managers / Captains Responsibilities:**
    - **a.** Submit a completed roster through the online registration along with online waiver form for all players.
    - **b.** Download, Sign and Submit prior to first match a Code of Conduct form from sahlensportspark.com under the heading "About" then click on Rules and Documents.
    - **c.** Ensure full payment according to payment schedule indicated on the registration form.
2. **General Rules:**
    - **a.** Players that are not on a team's roster will not be able to play.
        - **i.** Add player to team roster prior to kick off.
    - **b.** 11 v 11 must have at least 7 players plus a goalie (9 v 9 for U12 and under)
    - **c.** Players may not wear jewelry during game play.
    - **d.** **NO METAL SPIKES ARE ALLOWED!**
    - **e.** Any player with a "hard cast" will need to have a minimum of one inch (1") padding and permission from the referee prior to kick off.
    - **f.** Per **Tournaments/Showcases** Away team will start with the ball at first half whistle and Home team will start with the ball at second half whistle.
    - **g.** Punting is **NOT** permitted under any circumstance.
    - **h.** Spitting is **NOT** allowed - 1st offense will be verbal warning, 2nd offense will be ejection.
    - **i.** Slide tackling is permitted.
3. **Cancellations and Rescheduling Requests:**

**a.** Sahlen Sports Park will be OPEN regardless of the weather. Sahlen Sports Park will post to the web site, Facebook, Twitter and some TV stations if the facility will close due to inclement weather. Coaches / Managers will be contacted informing of any cancellations due to weather. Please do not inundate Sahlen Sports Park with calls inquiring about weather conditions.

**b.** If you team is going to be delayed due to weather conditions, please contact our office as soon as possible.

**c.** Due to the numerous scheduled games and other activities booked at Sahlen Sports Park, rescheduling of games will only take place if the facility closes / cancels due to extreme conditions.

**d.** Coach / Manager will be notified of any changes to the schedule.

**e.** Coaches / Managers are responsible for communicating schedules, changes and cancellations to the team.

**4. Equipment:**

**a.** All players must wear shin guards with sock covering the shin guards.

**b.** Teams must have same color uniform. Pinnies will be provided if there is a color conflict.

**c.** If both teams are wearing the color uniform the home team will change or use pinnies.

**5. Substitutions:**

**a.** Each team can sub as many times as desired.

**b.** Substitutions are at the discretion of the referee during any stoppage of play.

**c.** Substitutions **must** be made **at midfield** with the referee granting permission.

**d.** NO substitutions will be permitted at the last two (2) minutes of play.

**6. Playing Time:**

**a.** The length of all matches will consisting of two 25 minute halves; running clock. **BE READY TO START ON TIME.**

**b.** There will be very little time to warm up on the field. Teams may warm up on Field # 1 or Field# 45 if there is space available to warm up - check with Sahlen Sports Park Staff.

**c.** Coaches and Managers are responsible to watch the clock and have their team on the Feld ready to play. **Referees will start the match whether or not your team is on the field or ready to play. We can start AHEAD of schedule.**

**d.** Time will be stopped at the referee's discretion for situations that are beyond the control of referee or teams.

e. Referee will declare a forfeit if after 8 minutes of scheduled time a team doesn't show up.

7. **Cautions/ Yellow and Red Cards:**

   a. **Yellow:** Player must leave the field and be replaced by another player. Player does not sit out, player can be subbed back in.

   b. **Red:** Player must leave the field and may not remain on team's bench. Depending on referee's discretion, he/ she may be asked to leave the facility. If a coach is ejected from the game, he/ she may not be present at the next scheduled match.

   c. **Any Red Cards Received will disqualify the player for the remainder of the day. Only instance this will not be the case is if a red card is given for handball in scoring situation.**

8. **U10 Rules**

   a. Build out line: once a goal keeper catches the ball or a goal kick is awarder all opposing players must be behind the build out line.

   b. Offsides will only be called inside of the build out line there is no offsides prior to that

   c. No punting or heading is allowed

9. **Overtime:**

   a. There will be no overtime during regular play.

   b. There will be two (3) minute periods in playoff matches.

   c. There will be two (5) minute periods in championship matches.

   d. If teams are still in a tie; Penalty Kicks will determine the winner. Each team will have five (3) players kick from the penalty spot.

   e. **Coed Games** must be male=> female => male...

10. **Free Kicks:**

    a. If the ball hits the ceiling within the field of play, the opposing team will restart with an indirect kick from the point where the ball hit the ceiling.

       i. **NOTE:** If the ball hits the ceiling over the penalty area; the attacking team will receive the ball as a throw in perpendicular from where the ball hit the ceiling.

       ii. The defending team will have an indirect kick going out.

    b. If the ball hits the midfield center cable, the restart will be an indirect kick for the opposing team.

11. **Goalkeepers:**

    a. Jerseys should be different from that of the referees, teammates and opposing team.

    b. Goalies have a maximum of six (6) seconds to play the ball from their hands. The penalty for this infraction is an indirect free kick from the spot where the goalie was holding the ball.

12. **Standings:**

**a.** Point System

1. 3 points for a win

11. 1 point for a tie

111. 0 points for a loss

**b.** Tie Breaker

1. Head to Head record

11. Goal Differential for season (Max of 5 goals per Match)

111. Least goals conceded

1v. Most goals scored

**13. Unsportsmanlike Conduct:**

**a.** Sahlen Sports Park has a **ZERO** tolerance policy towards fighting/derogatory comments/racism.

**b.** Any unsportsmanlike and or inappropriate language or conduct directed at referees, coaches, players, fans, staff of Sahlen Sports Park is NOT acceptable.

**c.** Referees have the right to eject players, terminate games and use any measures deemed necessary to maintain a safe environment. Any games that are terminated due to an incident such as this will not be rescheduled.

**d.** Sahlen Sports Park has the right to suspend any individual from the facility for any period of time deemed necessary. Any incident resulting in these actions are the sole discretion of the Sahlen Sports Park management.

**e.** Any violations are subject to removal of a participant or team for an entire season.

**Sahlen Sports Park reserves the right to add, modify or change any of the rules at any time.**